

New Harmony Fire

June 4th 2011

10K, 5K and 1K youth run

Mud Run



Participant Registration Form

First Name

T-Shirt Size

Ys	Ym	Xs	Sm	Md	Lg	XL	XXL
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Last Name

Team Name

Age

Sex: M F

DOB

Street Address

City

State Zip Phone

Email

Team Information

T-Shirt size (circle size)

Last Name	<input type="text"/>
Last Name	<input type="text"/>
Last Name	<input type="text"/>
Last Name	<input type="text"/>

Initial	<input type="text"/>
Initial	<input type="text"/>
Initial	<input type="text"/>
Initial	<input type="text"/>

Xs	Sm	Md	Lg	XL	XXL
Xs	Sm	Md	Lg	XL	XXL
Xs	Sm	Md	Lg	XL	XXL
Xs	Sm	Md	Lg	XL	XXL

Team Categories 10k/5k (all teams are 5 person)

- Military (active or reserve all military team)
- Public safety (Police, fire dept, EMS)
- Male (all male)
- Female (all female)
- Co-ed (male & female mixed)

Individual Race 10k/5k (circle one)

- 13 and Under
- 14-17
- 18-29
- 30-49
- over 50

Registration Fees (April 1st to May 13th Regular- May 14th to June 3rd Late fee of \$15 per person applies)

5k Individual-\$35 (before May 14th)

5k Team-\$175 (before May 14th)

Youth 1.5k-\$15 (before May 14th)

10k Individual-\$45 (before May 14th)

10k Team-\$225 (before May 14th)

Military, Fire and Police discount of \$5 per person

5k Team (w/ discount) -\$150 (before May 14th)

Individual (w/ discount) -\$30 (before May 14th)

10k Team (w/ discount)-\$200 (before May 14th)

10k Individual (w/ discount) -\$40 (before May 14th)

Online registration available @ www.NewHarmonyFire.com or

Race sponsored by Harmony Valley Volunteer Fire Association all proceeds benefit [Mail to: HVVFA, PO box 621, New Harmony, UT 84757](mailto:HVVFA)
the New Harmony Valley Fire District, New Harmony UT. **Make all checks payable to HVVFA**

Guidelines, Rules and Legal Waiver:

Race Rules:

What would a race be without some rules and here are ours for the New Harmony Fire Mud Run

1. Race in a competitive, safe and courteous manner. Treat fellow runners, spectators and event staff as you want to be treated. *Out here the golden rule doesn't mean he who has the gold rules.*
2. No cheating the course. This is a race to each obstacle, if there is a line at the obstacle, do not go around it. Bypassing obstacles will disqualify you from an award position.
3. All team members must complete the entire race and each obstacle, must cross the finish line together. Failure to do so will disqualify the team from an award position
4. Stay on the marked course, *we won't cut through your backyard, please don't cut through ours*
5. Have Fun, get wet, get muddy, the dirtier the better. *This isn't a beauty pageant out here the more mud you take home in your shoes and shorts the better.*

Guidelines:

- Teams are to consist of five (5) people. Co-ed teams must have at least two (2) people of the opposite sex to qualify as a co-ed team.
- Teams in the public safety or military category must have at least 3 of the 5 members in that classification. 5 out of 5 would be best
- Teams and individuals using the military, police or fire discount are on the honor system. We ask that for a team to use the discount at least 3 of the 5 members must be in the discount class.
- Registration packets must be picked up prior to race day.
- Come dressed for the day! This is a mud run course with obstacles, water and mud. The terrain is on pavement and off pavement. Sandy and or rocky terrain will be encountered.
- Train for the race, be able to run the distance prior to race day, the obstacles will add to the difficulty level of a regular 5K or 10K race.
- The youth run is for children 11 and under. One adult may accompany their child or children through the course to encourage and assist, please do not go through the obstacles with them. *Moms' the children are supposed to get dirty so let them!*

**RELEASE OF LIABILITY AND WAIVER OF CLAIMS
AND ACTIONS FOR 2010 NEW HARMONY FIRE CHARITY MUD RUN**

PARTICIPANTS IN THE NEW HARMONY FIRE 2011 CHARITY MUD RUN ("MUD RUN") ARE REQUIRED TO ASSUME ALL RISK OF PARTICIPATION IN THE MUD RUN BY SIGNING THIS GENERALRELEASE AGREEMENT.

The undersigned participant ("Participant") on behalf of himself/herself and on behalf of Participant's personal representatives, assigns, heirs, executors, hereby fully and forever releases, waives, discharges and covenants to hold harmless and not to sue the HVVFA, Harmony Valley Fire District, Washington County, UDOT, and all agencies and entities whose property and/or personnel are used, including medical personnel, volunteers, staff, and all other sponsoring or co-sponsoring companies or individuals, related to the Mud Run, (collectively, "Releasees") from all liability to the Participant and his/her personal representatives, assigns, heirs and executors, for all loss(es) or damage(s) and any and all claims or demands therefore, on account of injury to the Participant or property or resulting in the death of the Participant, whether caused by the active or passive negligence of all or any of the Releasees or otherwise, in connection with the Participant's participation in the Mud Run. The Participant represents and warrants that he/she is in good physical condition and is able to safely participate in the Mud Run. The Participant is fully aware of the risks and hazards inherent in participating in the Mud Run and hereby elects to voluntarily compete in the Mud Run, knowing the risks associated with the Mud Run. The Participant grants access to all of his/her medical records as needed and authorizes medical treatment as needed that may arise during the Mud Run. The Participant hereby assumes all risks of loss(es), damage(s), or injury(ies) that may be sustained by him/her while participating in the Mud Run. The Participant understands that this general release agreement must be signed and returned to the New Harmony Fire Mud Run Committee, before he/she is authorized to participate in the Mud Run.

Acceptance of the entry fee and written or electronic confirmation of an approved entry by the New Harmony Fire Mud Run Committee shall constitute such authorization. Notwithstanding the foregoing, the New Harmony Fire Mud Run reserves the right to deny participation to any Participant for any reason prior to or during the Mud Run. The Participant warrants that all statements made herein are true and correct and understand that Releasees have relied on them in allowing Participant to participate in the Mud Run. The Participant agrees to the use of his/her name and photograph in broadcasts, newspapers, brochures and other media without compensation. PARTICIPANT HAS READ THE FOREGOING AND INTENTIONALLY AND VOLUNTARILY SIGNS THIS RELEASE AND WAIVER OF LIABILITY AGREEMENT.

CAUTION: READ THIS DOCUMENT COMPLETELY BEFORE SIGNING!

Participant's Name

Street Address

Participant's Signature

City, State, Zip Code

Date

Telephone

If Participant is a Minor Child, the following must be completed!

By signing my name below, I represent that I, as the parent/guardian, authorize my child _____
(Name of Child) to participate in the Mud Run and agree to all the terms contained in this Waiver/Release.
